

Caregiver Support Group



2025 MEETING DATES AND SCHEDULE

January 11
No February Meeting
March 1
April 12
May 17
June 14
July 12
No August Meeting
September 20
October 11
November 8
December 13

**Contact us to register or
for more information**



9:00- 10:00 am
Arrivals. Coffee/Tea and Pastries

10:00 am
Caregiver Support & Education Group
Care-recipient activities

12:00 pm
Lunch and Fellowship

Adult Day Center of Somerset County Inc.
872 East Main Street, Bridgewater, NJ 08807
908-725-0068
sscelfo@adultdaycenter.org

Support, Education, and Fellowship

In 2001, The ADC launched a Monthly Caregiver Support Group, and it became part of the fabric of its programming. It was founded to provide a forum for caregivers to come together on a monthly basis for support, education and fellowship

Our group is offered on a Saturday morning to make it easier for working caregivers to attend. You may bring your loved one with you as we have staff members on hand to facilitate activities and provide care.