

# Caregiver Support Group



## 2026 MEETING DATES AND SCHEDULE

**January 10**  
*No February Meeting*  
**March 14**  
**April 11**  
**May 16**  
**June 13**  
*No July Meeting*  
**August 8**  
**September 19**  
**October 17**  
**November 14**  
**December 12**

**Contact us to register or  
for more information**



**9:00- 10:00 am**  
**Arrivals. Coffee/Tea and Pastries**

**10:00 am**  
**Caregiver Support & Education Group**  
**Care-recipient activities**

**12:00 pm**  
**Lunch and Fellowship**

Adult Day Center of Somerset County Inc.  
872 East Main Street, Bridgewater, NJ 08807  
908-725-0068  
[sscelfo@adulthoodcenter.org](mailto:sscelfo@adulthoodcenter.org)

## Support, Education, and Fellowship

In 2001, The ADC launched a Monthly Caregiver Support Group, and it became part of the fabric of its programming. It was founded to provide a forum for caregivers to come together on a monthly basis for support, education and fellowship

Our group is offered on a Saturday morning to make it easier for working caregivers to attend. You may bring your loved one with you as we have staff members on hand to facilitate activities and provide care.