



CAREGIVER SUPPORT GROUP

In 2001, The ADC launched a Monthly Caregiver Support Group and it became part of the fabric of its programming. It was founded to provide a forum for caregivers to come together on a monthly basis for support, education and fellowship.

Our group is offered on a Saturday morning to make it easier for a working caregivers to attend. You may bring your loved one with you as we have staff members on hand to facilitate activities and provide care.

2024 Meeting Dates

| | |
|-------------|--------------------------|
| February 10 | <i>No August meeting</i> |
| March 2 | September 14 |
| April 13 | October 12 |
| May 11 | November 9 |
| June 15 | December 14 |
| July 13 | |

Sample Schedule

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|-----------------|---|
| 9:00 - 10:00 am | Arrivals, coffee/tea and pastries |
| 10:00 am | *Caregivers go to separate area for Support and Education group |
| 12:00 pm | lunch and fellowship |

For more information or to register for the group please call the ADC at 908.725.0068



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