ADULT DAY CENTER OF SOMERSET COUNTY **NEWSLETTER** April 2023



Kristen Doran (left) is helping Monroe Mobley arrange flowers. Volunteers say time at the ADC keeps them smiling for days. Please join us!

SAYING THANKS

Dear Friends,

April marks Global Volunteer Month- a time to pause and thank the men and women who selflessly give their time and energy to promote the greater good. The ADC will celebrate National Volunteer Week from April 16-22 and it's gratifying to watch our members express their appreciation.

Speaking of volunteers, we're excited to announce Debra Falconeri as this year's Anita and Jim Ventantonio Volunteerism Award recipient. Deb is well-loved among the ADC family and hosts our Caregiver Cafe. She will be honored at this year's wine tasting on June 15th.

If volunteering is something you've been thinking about, now's the best time to reach out. Spring weather brings big fun at the ADC. Email me at drobinson@adultdaycenter.org.

Sincerely, Diann Robinson, Executive Director

The Adult Day Center will be closed on April 7th in observance of Good Friday



WISHING YOUR FAMILY A HAPPY HOLIDAY

The Adult Day Center of Somerset County presents

Healthy, Wealthy & Wise:

Planning for Older Adults

Presented by elder care attorney Thomas Murphy, Esq.

Tuesday, April 18th 6:00-7:30 p.m.

872 East Main Street Bridgewater



Light dinner will be served. Registration is free and required by calling 908-725-0068 or email DRobinson@adultdaycenter.org



Wine Tasting & Fundraiser

HELP US CELEBRATE 25 YEARS OF GREAT WINE FOR A GREAT CAUSE

> Tickets and sponsorships now available at AdultDayCenter.org

GET READY TO RAISE YOUR GLASS...

Our 25th annual "Getting Better with Age" wine tasting and fundraiser will take place on Thursday, June 15th at the Raritan Valley Country Club. This year's event will feature Carolina Wine Brands best Chilean winemakers set to the backdrop of Latin Jazz. Reserve your tickets today or promote your business through an event sponsorship: details are available at AdultDayCenter.org





Member Moments

Our members participated in several special events commemorating National Horticultural Therapy Week in March. Many special guests included representatives from the Somerset County Board of Commissioners, the Somerset County Business Partnership and many others. Congressman Tom Kean, Jr. (R-7) paid a special visit to present a Congressional resolution supporting Horticultural Therapy.









CAREGIVER SUPPORT MEETING IS APRIL 22ND

This month's Caregiver Support Group will take place on Saturday, April 22nd. Caregivers, families and friends are encouraged to attend.

ADC staff will be on hand to lead your loved ones in activities during the meeting. Please RSVP by 4/17 to **sscelfo@adultdaycenter.org or 908-725-0068** and let us know if you're bringing your loved one so that we can plan for staffing.

9:00-10:00 a.m. Coffee/tea 10:00-12:00 p.m. Support group/member activities Followed by lunch at noon

SAFETY WEBINAR FOR CAREGIVERS ON APRIL 25TH

This program provides practical tips on fall prevention, medication management, driving concerns and reducing the risk of wandering. This free training takes place on April 25th at 1 p.m. Registration is available at AlzNJ.org.

Member Moments

We celebrated the "wearin' o' the green" this St. Patrick's Day with special games, crafts and a dance party. Volunteers from Johnson & Johnson helped to make the day extra special!



